

HABILITAT

THE PLACE OF CHANGE



Kaneohe, Hawaii

Our

STORY

Habilitat's Founder, Vinny Marino, was a former drug addict who struggled with addiction for over 14 years. After participating in multiple long-term Therapeutic Communities throughout the United States, Vinny found himself in Hawaii working for a local treatment center. In 1971 the treatment center was forced to close its doors; which left the program participants with nowhere to go. Mr. Marino started Habilitat on January 27, 1971 with meager resources and 8 participants in a small, 2-bedroom home. Vinny was determined to address the growing epidemic of individuals with substance abuse problems and other anti-social behaviors.

Over time, more and more people from the community sought out Vinny's help for their issues. He acquired a new residence with the hope of accommodating anyone looking for refuge from their addictions. This 1.5 acre estate, located on Kaneohe Bay, soon became a landmark known nationally for its ability to help those who had lost their way

Vinny looked at addiction as something that anyone could overcome if they were willing to work hard and were sincere about changing. He believed that only treating the addiction wasn't enough and maintained that people needed marketable skills to become self-sufficient in society. With that philosophy, Habilitat's vocational training programs were created. Vinny chose the Therapeutic Community model because he understood that there was no short-term solution for a long-term problem.

Today, Habilitat is still based on the core values established in 1971. The program continues to evolve to meet the ever-growing changes in the types of substances that people abuse and the adverse effects caused by them.

Habilitat is a licensed, long-term residential treatment program that consists of three phases: Treatment, Re-entry and Post Re-entry. Participants are taught to capitalize on their strengths and work on their weaknesses.

Our strategy is built on an underlying philosophy of self-reliance, which is taught to participants and practiced by the organization as well. Staff utilizes several evidence based therapies to facilitate change in both group and private sessions throughout the program. Constant supervision, evaluation and intervention help each participant develop a clear path to success.



A message to Parents and Loved ones:

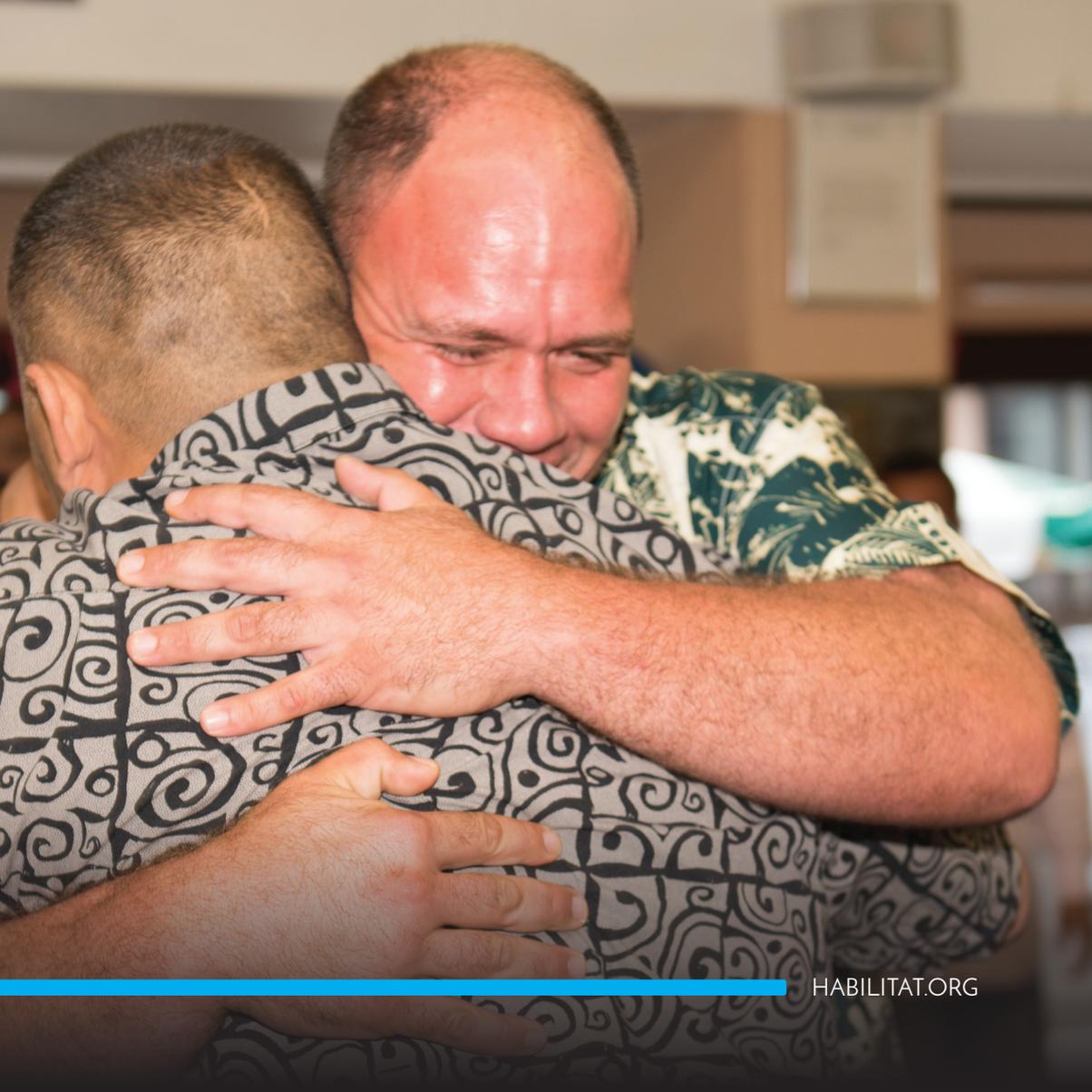
Habilitat is committed to giving your loved one the opportunity to realize their potential, learn self-respect, create healthy boundaries, learn an impeccable work ethic, and live a healthy lifestyle.

Through Habilitat's three-phase therapeutic process, individuals learn the skills necessary to become leaders of their own life.

When all else fails, Habilitat prevails.

To schedule a tour of our facility, please call 1-800-872-2525 and speak with our Admissions department.





HABILITAT.ORG

Our FAMILY

The Habilitat Family is comprised of current participants and program graduates. This diverse group includes thousands of people from around the globe. Because Habilitat challenges participants on every level, many graduates claim that it was the hardest yet most rewarding experience of their lives.

Creating supportive, lifelong friendships is a common benefit of the Habilitat experience. Many of our graduates continue close relations with the program for the rest of their lives.

Our successful alumni are always welcome and encouraged to visit, share a meal and share their experiences with current program participants.



The Habilitat Family



The PROGRAM

What makes us different...

- Habilitat is recognized as the "Gold Standard" by Hawaii Circuit Court Judges.
- We are an alternative to the 12-step model.
- Our long-term program creates long-term results.
- Hawaii's location allows people to focus on themselves, far away from negative influences.
- Our holistic approach to recovery focuses on the mind, body and spirit.
- We offer intensive vocational training in a variety of marketable fields.
- There are on site, comprehensive education programs.
- We have an integrated fitness program that includes an on site weight room and aerobics center.
- Participants can get involved in a variety of extracurricular activities including hiking, sailing, boating, biking and jogging.
- We teach participants how to develop new coping skills, maintain healthy relationships, set boundaries, improve their self-identity and build self-esteem. The result is that they gain a strong sense of confidence and well-being.

Phases

The *Treatment Phase* is highly structured and participants are closely supervised and evaluated. Each participant is immersed in a new lifestyle based on common sense, hard work and family values. Education is emphasized and anyone without a high school diploma is enrolled in school. Each participant is placed in a fitness program and offered classes three days a week. Treatment is designed to simulate the usual diversities of life and teach people how to use new coping skills to navigate problems resourcefully. Evidence based practices are employed to help people overcome obstacles. Pro-social interactions are encouraged, which eventually create a strong foundation for which to build a new, more successful, life.

In the *Re-entry Phase*, participants make gradual adjustments from the highly structured Treatment Phase to new levels of accountability and increased self-initiative. Participants are encouraged to take on new responsibilities, all of which are rewarded with higher levels of privilege. New obstacles arise as participants learn to balance vocational training, community responsibility and self-care. Their focus shifts towards being a role model and helping new participants learn the program concepts. They practice being responsible and accountable adults in an environment that gives them the emotional support necessary to learn this new lifestyle. In this phase, participants are given the opportunity to learn a marketable skill, open a bank account, and formulate a budget.

The final phase of the program is Post Re-entry. During this period, participants develop a strategy for transitioning back into the community. They have more freedom, increased interaction with the community and attend social functions. Participants are assisted with resume development, mock job interviews and employment application skills. This gradual transition into the community increases their chances for long-term success. Having a GED or high school diploma, a job and a place to live are requirements for completion of this phase.

A photograph of a woman with glasses talking on a white office phone. She is in a call center or office environment. In the background, another person is visible working at a computer. The word 'The' is written in a white script font, and 'TRAINING' is written in large, bold, blue capital letters across the top of the image.

The TRAINING

Habilitat's intensive vocational training programs are perhaps the most comprehensive in the addiction treatment industry. Graduates are not only prepared for society and its emotional demands, they are also prepared to be gainfully employed and enjoy a life of independence.

A variety of occupational training programs are offered including construction, sales and marketing, public relations, landscaping, culinary, administration, admission, accounting and medical. 100% of Habilitat's graduates are employed upon graduation.





Our
FACILITY

Habilitat's treatment facility is an oceanfront estate that sits on Kaneohe bay at the base of the Ko'olau Mountains. The tranquil views and cooling Hawaiian trade winds create an ideal atmosphere for recovery.

The facility includes a weight room, aerobics studio, institutional kitchen, conference room, onsite school, computer training area, library, woodshop and a private pier that spans out hundreds of feet over the bay.

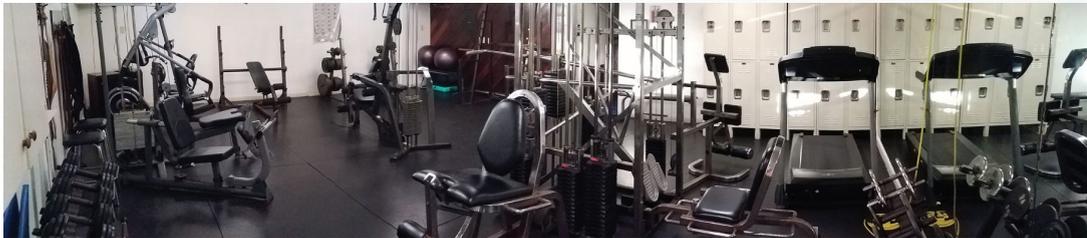


Amenities

Pool table
Basketball court
Volleyball court
Jacuzzi
Sauna

"Cozy corner" lounge
Barber shop
Piano
Oceanfront gardens
Boats

*Work Hard...
Learn Hard...
Play Hard!*



A message from the Executive Director:



Habilitat was founded on the idea that addicts could recover if they were willing to work toward independence and self-reliance. Honesty, integrity, self-discipline, and resiliency are all concepts that are at the center of our philosophy and have helped thousands of people throughout the years.

We provide a safe haven from external pressures and offer our participants a fresh start. Habilitat is a long-term residential program built on the Therapeutic Community model. This approach is considered, by experts, to be one of the most

effective methods of treatment for substance abuse and chemical addictions.

We have developed techniques for creating the qualities lacking in many people's character: self-esteem, self-worth, and self-discipline. We motivate the unmotivated and often succeed where other programs have failed. At Habilitat, participants learn a value system that guides them in making the right decisions. With hard work and commitment, anyone can learn to live beyond their addiction.



Testimonies

As a professor in higher education and counselor and friend of Habilitat in a number of ways, the program has been extremely beneficial to me. It helps me better illustrate to my students and consumers that effective treatment truly attends to multiple needs of the individual, which I refer to as a holistic approach. The program implemented at Habilitat helps me reinforce with those in my many circles the importance of the reality that consequences are related to the choices people make. In short, Habilitat has helped me become a better teacher, counselor of people, and change agent in the world around me.

- *Dr. Gary*

"I entered Habilitat an insecure and broken teenager struggling with addiction; I left a young adult ready to take responsibility for my life and to make my mark on the world in a positive way. Ten years later, I've proudly obtained my law degree, while working full-time. Who knows where I'd be if I hadn't been part of The Habilitat Family."

- *Stephanie*

A parent of an addict dreads the ringing of the telephone in fear of the news the caller may bring. A ringing phone today is answered with anticipation that the caller is our son sounding strong, confident and talking positively about his future. We know he would not be where he is today without the Habilitat Family.

- *Nick & Debbie*



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www.habilitat.org